



CARDIAC TEST REQUEST FORM

Patient name

D.O.B. / /

Patient address

Phone

Mobile

Medicare No.

Consent []

Study requested

- Coronary CT Angiogram
Coronary Calcium Score
Echocardiogram
Stress Echocardiogram

- Carotid Doppler
Nuclear Medicine MIBI
Other Studies

Is there a chance you might be pregnant? [] Yes [] No

Patient Signature

What is the current renal function (eGFR)

Date of renal function / /

Previous revascularization procedures and relevant clinical history. Include functional test results (if known)

Medical history

- Prior Myocardial Infarct, Heart Failure, Diabetes, Prior Coronary Stent / Angioplasty, Pacemaker, Renal Impairment, Coronary Bypass Graft, Myeloma, Currently on Beta Blockers / Anti-Arrhythmics

Contraindications

Please inform us at the time of booking if any of the below boxes are ticked, as the scan may not be possible.

- Atrial Fibrillation / Frequent Ectopics, Advanced Heart Block

Risk factors

- Smoker, Current, Ex Smoker >1 year, Hypertension, Hyperlipidaemia, Diabetes, Family History <60 years, Past History of IHD

Indications

- Patient has stable symptoms consistent with coronary ischaemia, is at low to intermediate risk of coronary artery disease and would have been considered for coronary angiography
Chest pain with equivocal functional test or unable to perform a functional test
Evaluation or exclusion of coronary anomaly
Exclusion of coronary artery disease as the cause of heart failure
Evaluation of coronary arteries prior to non-coronary cardiac surgery

Allergies

- Iodine
Other

Current Medication

- Aspirin, Clopidogrel, Beta Blocker, Verapamil / Diltiazem, Fibrate, ACEI / ARB, Ezetrol, Digoxin, Viagra / Levitra, Metformin

Referring Doctor

Name

Provider No. Date / /

Address

Referrer Signature

Copy to



PATIENT INFORMATION SHEET

YOUR DOCTOR HAS REQUESTED THAT YOU HAVE A CARDIAC (HEART) CT SCAN / NUCLEAR MEDICINE CARDIAC MIBI.

WHERE DO I NEED TO GO?

Cardiac (Heart) CT scans are available at Footscray, Hawthorn, Moonee Ponds, St Albans and Sunshine.

Nuclear Medicine Cardiac MIBI scans are available at Moonee Ponds and St Albans, please refer to FMIG branch below.

The following notes are for parking on site:

MOONEE PONDS:

Limited Parking is available at the rear of the building. Follow the signs.

FOOTSCRAY:

Public parking area.

ST ALBANS:

Underground parking rear of building, enter off Glendenning Street.

HAWTHORN:

Parking is available. Please call our staff for directions of underground parking.

SUNSHINE:

Basement parking off Hertford Road.

HOPPERS CROSSING:

Onsite parking available.

DO I NEED TO MAKE AN APPOINTMENT?

Yes, all CT Heart Scans and Nuclear Medicine MIBI require an appointment. Please call our reception staff at your local branch to make an appointment for your examination, or fax request to your local branch (see branch details below).

PREPARATION FOR CARDIAC CT SCAN:

- If DIABETIC or known KIDNEY DISEASE (including transplant), or on METFORMIN, recent eGFR levels will be required.
- If eGFR is below 30, do not take metformin on the day of the scan and further instructions will be provided after the scan by the radiologist.
- Take your heart medication as normal.
- Bring a list of all medication as normal.
- Bring a list of all medications that you are taking.
- **MUST HAVE DRIVER TO DRIVE YOU HOME OR IF DRIVER UNAVAILABLE, USE PUBLIC TRANSPORT OR TAXI.**
- No exercise on the morning of your scan.
- No caffeine products for 24 hrs prior to your scan. (This includes coffee, tea, chocolate, soft drinks, energy drinks or herbal and decaf teas or coffee, etc.)

• NO SMOKING ON THE DAY OF THE SCAN.

- On the morning of the appointment please fast from food **BUT VERY IMPORTANT TO DRINK WATER.**
- No heart stimulating medication on the day before or the day of the scan these include Viagra, weightloss tablets such as Duromine.
- Depending on your heart rate you could possibly be in the clinic for up to 3 hours.

DURING THE STUDY:

- Your heart rate and blood pressure will be monitored during and after the test and an ECG performed if necessary.
- 1 hour prior to the examination you will be given a Beta Blocker.
- A small cannula will be placed in your arm to administer IV contrast (containing iodine), required for this examination.
- Please let us know if you are allergic to iodine.
- You will be in the scanner for approximately 5-10 minutes.
- You will be asked to hold your breath for 10 seconds and to lie still while we perform the study.
- You will be given a GTN tongue spray.
- You may experience a warm sensation at the time of IV contrast administration.

PREPARATION FOR NUCLEAR MEDICINE CARDIAC MIBI:

- No caffeine products for 24 hrs prior to your scan. (This includes coffee, tea, chocolate, soft drinks, energy drinks or herbal and decaf teas or coffee, etc.)
- Eat normally beforehand, if you take diabetic medication, please take as you normally would.
- As some medications may need to be stopped, please ring the Nuclear Medicine Department before your appointment to check if this applies to you.
- Wear comfortable clothing.
- Bring a list of your current medication with you to your appointment.
- If you have asthma, please bring your Ventolin inhaler with you.

The Nuclear Medicine Cardiac MIBI takes approximately 2 hours.

AFTER THE STUDY:

You will be discharged from the clinic as soon as we have confirmed your heart rate and blood pressure are stable. A full report will be sent to your referring doctor following processing and correlation of the study by the attending Cardiologist and Radiologist.

OPENING HOURS

MONDAY-FRIDAY 8.30AM-5.00PM

SATURDAY 9.00AM-1.00PM

BRANCH	ADDRESS	PHONE	FAX	Low Dose CT Scanning	Bone Densitometry	Mammography	OPG & Lat Ceph	CT Dentalscan	Colour Doppler Vascular Ultrasound	Echocardiography	Stress Echo	Ultrasound	MRgFUS	Paediatric MRI	Cardiac MRI	MRI	Fluoroscopy	General X-ray	CT Calcium Scoring	Coronary CTA	CT Colonography	Nuclear Medicine PRP Injections	
MOONEE PONDS	347 Ascot Vale Rd	9348 3500	9348 3520	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
FOOTSCRAY	68-82 Cnr Hopkins & Moore St	9283 8500	9283 8520	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
ST. ALBANS	101-103 Main Rd West	8312 7200	8312 7220	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
HAWTHORN	109 Burwood Rd	9818 9400	9818 9420	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
SUNSHINE	324-328 Hampshire Rd	9356 5000	9356 5020	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
HOPPERS CROSSING	471 Sayers Rd	8015 2500	8015 2520	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●

MOONEE PONDS

347 Ascot Vale Rd Moonee Ponds Vic 3039
Onsite parking available

FOOTSCRAY

68-82 Cnr Hopkins & Moore St
Footscray Vic 3011 Onsite parking available

ST. ALBANS

101-103 Main Rd W St. Albans Vic 3021
Undercover parking via Glendenning St

HAWTHORN

109 Burwood Rd, Hawthorn Vic 3122
Basement parking via Lynch St (Lv 3)

SUNSHINE

324-328 Hampshire Rd Sunshine Vic 3020
(Sunshine Plaza) Basement parking via Hertford Road

HOPPERS CROSSING

471 Sayers Rd, Hoppers Crossing Vic 3029
Onsite parking available